

St. Helena School


September 2019

HOT LUNCH

Price: Student - \$4.05

SERVED DAILY

Regular Entree
Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
Fresh Veggies - Carrots, Broccoli, Cucumbers, Tomatoes, OR Celery
 Dressing/Dip
Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| 2 | 3 | 4 | 5 | 6 |
| Labor Day | Cheeseburger Salad, Veggies, Fruit, Milk | Chicken Strips w/ Mashed Potatoes & Roll Salad, Fruit, Milk | Orange Glazed Chicken w/ Steamed Rice Salad, Veggies, Fruit, Milk | Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk |
| 9 | 10 | 11 | 12 | 13 |
| Chicken Patty Sandwich Roasted Potatoes Salad, Fruit, Milk | Chicken Enchilada Bake Salad, Veggies, Fruit, Milk | Swedish Meatballs w/ Pasta & Roll Salad, Veggies, Fruit, Milk | Chicken & Cheese Nachos Baked Beans Salad, Fruit, Milk | Bag Lunch Turkey & Cheese on Bun Baked Chips Veggies, Fruit, Milk |
| 16 | 17 | 18 | 19 | 20 |
| Chicken Patty Sandwich Potato Wedges Salad, Fruit, Milk | Cheeseburger Salad, Veggies, Fruit, Milk | Soft Shell Beef Taco Pinto Beans Salad, Fruit, Milk | BBQ Beef on Bun Salad, Veggies, Fruit, Milk | Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk |
| 23 | 24 | 25 | 26 | 27 |
| Beef & Cheese Nachos Baked Beans Salad, Veggies, Fruit, Milk | Chicken Strips w/ Steamed Corn & Roll Salad, Fruit, Milk | Italian Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk | Chicken Patty Sandwich Salad, Veggies, Fruit, Milk | Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk |
| 30 |  | | | |
| Chicken Strips w/ Mashed Potatoes & Roll Salad, Fruit, Milk | | | | |

MENUS SUBJECT TO INFREQUENT CHANGE

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, egg, soybean, and other products.

ANY QUESTIONS? CONTACT:

School Office @ 612-729-9301 or
 DONE RIGHT FOOD @ 651-702-5998 or www.donerightfood.com

Our Commitment

"Healthy Food, Healthy Message"

We provide wholesome, delicious, real food that helps teach the right message to children.

September Lunch Order Form

Submit 1 order form per student

Student's Name: _____

Grade: _____

Parents' Primary E-mail: _____

Phone Number: _____

Hot Lunch Orders: _____ X \$4.05 = \$ _____
 (Milk Included)

☐ Check here if you want to order lunch every day of September. (Total \$81.00)

Milk Only: _____ X \$0.50 = \$ _____

All lunch orders should be pre-paid. Please make checks payable to St. Helena School.